

Injection Diary

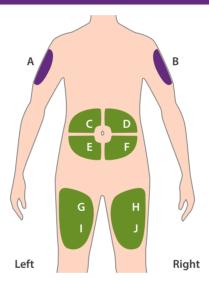
This booklet is intended for patients who have been prescribed Remsima® subcutaneous injection to help keep track of treatment with Remsima.®



WHY HAVE I BEEN GIVEN THIS BOOKLET?

This booklet was developed for people starting Remsima® treatment, just like you. It will help you keep track of your treatment with Remsima®. Use this booklet to record your injection history, including the injection site and date.

Remsima® (infliximab) INJECTION TRACKER



Refer to the image and record the letter corresponding to your injection site for each injection date.

Injection site A and B are only for injections given by caregiver.

When choosing an injection site1

- ✓ Rotate the injection site each time you give an injection.
- ✓ Each new injection site should be at least 3cm away from the previous site.
- ✓ Do not inject into the skin that is within 5cm of your belly button (navel).
- ✓ Do not inject into skin that is tender, damaged bruised or scarred.

Personal Information

Name				
Date of birth				
Remsima® treatment starting date				
Doctor's name				
	Date	Injection Site		
Week 1				
Week 2				
Week 3				
Week 4				
Week 5				
Week 6				
Week 7				
Week 8				
Week 9				
Week 10				
Week 11				
Week 12				

	Date	Injection Site
Week 13		
Week 14		
Week 15		
Week 16		
Week 17		
Week 18		
Week 19		
Week 20		
Week 21		
Week 22		
Week 23		
Week 24		
Week 25		
Week 26		
Week 27		
Week 28		
Week 29		
Week 30		

	Date	Injection Site
Week 31		
Week 32		
Week 33		
Week 34		
Week 35		
Week 36		
Week 37		
Week 38		
Week 39		
Week 40		
Week 41		
Week 42		
Week 43		
Week 44		
Week 45		
Week 46		
Week 47		
Week 48		

	Date	Injection Site
Week 49		
Week 50		
Week 51		
Week 52		
Week 53		
Week 54		
Week 55		
Week 56		
Week 57		
Week 58		
Week 59		
Week 60		
Week 61		
Week 62		
Week 63		
Week 64		
Week 65		
Week 66		

	Date	Injection Site
Week 67		
Week 68		
Week 69		
Week 70		
Week 71		
Week 72		
Week 73		
Week 74		
Week 75		
Week 76		
Week 77		
Week 78		
Week 79		
Week 80		
Week 81		
Week 82		
Week 83		

Week 84

Reference: 1. Remsima Consumer Medicine Information available at https://www.ebs.tga.gov.au/ebs/picmi/picmirepository.nsf/pdf?OpenAgent&id=CP-2021-CMI-01619

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