

# Yuflyma<sup>®</sup> Injection Diary

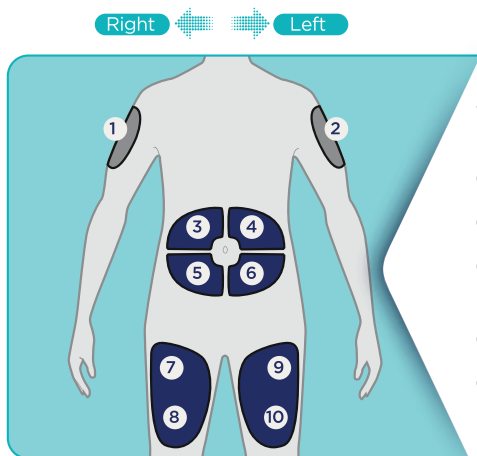
This booklet is intended for patients who have been prescribed Yuflyma<sup>®</sup> subcutaneous injection to help keep track of treatment with Yuflyma.<sup>®</sup>



# Keep track of your injections

It is very important to keep to your treatment schedule.

This book will help you remember when you took your last injection and when to take your next. Mark the date and site of injection on the diary so you can keep track.



## When choosing an injection site:<sup>1</sup>

- Rotate the injection site each time you give an injection.
- Each new injection site should be at least 3 cm away from the previous site.
- Do not inject into the area within 5 cm of your belly button (navel area).
- Do not inject into parts of the skin that are tender, bruised, or scarred.
- **Injection at sites 1 and 2 should be given only by a caregiver.**

## Personal Information

Name |

Date of birth |

Yuflyma® treatment starting date |

Doctor's name |

Date

Injection Site

Week 1

Week 2

Week 3

Week 4

Week 5

Week 6

Date

Injection Site

Week 7

Week 8

Week 9

Week 10

Week 11

Week 12

Week 13

Week 14

Week 15

Week 16

Week 17

Date

Injection Site

Week 18

Week 19

Week 20

Week 21

Week 22

Week 23

Week 24

Week 25

Week 26

Week 27

Week 28

Date

Injection Site

Week 29

Week 30

Week 31

Week 32

Week 33

Week 34

Week 35

Week 36

Week 37

Week 38

Week 39

Date

Injection Site

Week 40

Week 41

Week 42

Week 43

Week 44

Week 45

Week 46

Week 47

Week 48

Week 49

Week 50

The logo for Yuflyma adalimumab features the word 'Yuflyma' in a bold, dark blue sans-serif font, with a registered trademark symbol (®) to its upper right. Above the 'y' and 'l' of 'Yuflyma' are three stylized, curved lines in teal, green, and dark blue, with a small red dot at the top of the green line. Below 'Yuflyma' is the word 'adalimumab' in a teal, lowercase sans-serif font.

# Yuflyma<sup>®</sup>

adalimumab

**Reference: 1.** Yuflyma<sup>®</sup> Consumer Medicine Information (CMI).

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