

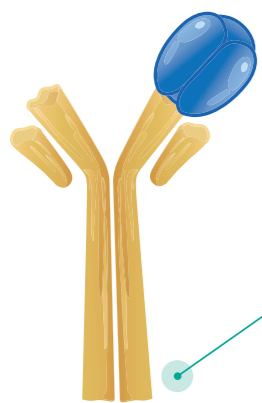
Living with Yuflyma[®]

This guidebook is for patients
who have been prescribed Yuflyma[®].



What Yuflyma[®] is and how it works

Your doctor prescribed Yuflyma[®] to treat your symptoms. Yuflyma[®] works against TNF- α activities that can worsen your symptoms.¹



▶ This is TNF- α .

TNF- α is a protein that plays a role in inflammation as part of the body's normal defense mechanism.^{2,3} Overproduction of TNF- α causing too much inflammation might have serious consequences. One of them is when it makes your immune system attack your own body. Such conditions are known as autoimmune diseases.³

▶ This is adalimumab (Yuflyma[®]).

The active ingredient of Yuflyma[®] is adalimumab. Adalimumab is a humanized monoclonal antibody that inactivates TNF- α by recognizing and binding to it. By blocking the activity of TNF- α , adalimumab helps to relieve symptoms of autoimmune diseases.¹

What Yuflyma[®] is used for

Inflammation caused by an overproduction of TNF- α can affect various parts of your body. TNF- α is known to play key roles in processes in multiple autoimmune diseases as stated below:^{4,5}

Rheumatoid arthritis (RA)

Juvenile idiopathic arthritis (JIA)

Ankylosing Spondylitis

Psoriatic arthritis (PsA)

Psoriasis (PsO)

Paediatric plaque PsO

Yuflyma[®] is indicated for the treatment of:⁶

Hidradenitis suppurativa (HS)

Crohn's disease (CD)

Paediatric CD

Ulcerative colitis (UC)

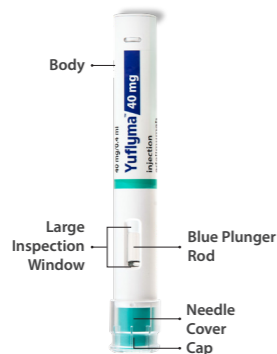
Uveitis (UV)

What Yuflyma[®] looks like

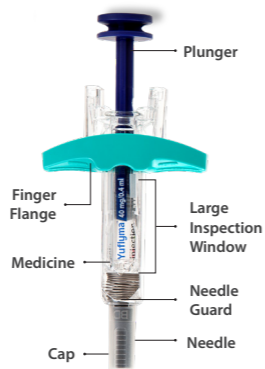
Yuflyma[®] comes in 2 types of self-injection devices. Self-injecting can be a bit overwhelming. But don't worry! You'll be shown how to use the injection by your doctor or a specialist nurse so you can give yourself the injection at home.

Please refer to the "instructions for Use" leaflet for more detailed information on how to inject Yuflyma[®] yourself.

▶ Pre-filled Pen



▶ Pre-filled Syringe with Needle Guard



Before you start Yuflyma[®] injections

It is important that you thoroughly consult with your doctor on any issues you have before you start your Yuflyma[®] injections. It is also important that you know how to handle the Yuflyma[®] device.



Before self-injecting, remember to leave the device at room temperature (up to 25°C) for 15-30 mins to warm it up before self-injecting.

▶ You should not use Yuflyma[®] if:⁶

- ✗ You are allergic to adalimumab or any other ingredients of this medicine.
- ✗ You show signs of allergic reactions, heart problems, signs of infection, or possible signs of cancer.
- ✗ The device is past its expiry date.
- ✗ The device is damaged in any way.

When to take Yuflyma® (Adults)

Your doctor will carry out your initial doses of Yuflyma®. After proper self-injection training, you will be able to start Yuflyma® self-injections. It is important to take Yuflyma® at the correct dose and at regular intervals as recommended by your doctor.*

*Initiation doses and following administration schedules may be different depending on your condition. Speak to your doctor about your dosing & administration schedule.

	Week 0	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6
▶ Rheumatoid arthritis (RA)	✓		✓		✓		✓
▶ Ankylosing Spondylitis/ Psoriatic arthritis (PsA)	✓		✓		✓		✓
▶ Psoriasis (PsO)	80mg***	✓		✓		✓	
▶ Crohn's disease (CD)	160mg**		80mg***		✓		✓
▶ Ulcerative colitis (UC)	160mg**		80mg***		✓		✓
▶ Non-infectious uveitis (UV)	80mg***	✓		✓		✓	
▶ Hidradenitis suppurativa (HS)	160mg**		80mg***	✓	✓	✓	✓

✓ = 40 mg

** 160mg administered as either 4 x 40mg or 2x 80mg

***80mg administered as either 2 x 40mg or 1 x 80mg

Injection every
other week after
last injection

Injection every week
after last injection

When to take Yuflyma® (Children)

Your doctor will carry out your initial doses of Yuflyma®. After proper self-injection training, you will be able to start Yuflyma® self-injections. It is important to take Yuflyma® at the correct dose and at regular intervals as recommended by your doctor.*

*Initiation doses and following administration schedules may be different depending on your condition. For paediatric patients, dosing depends on body weight. Speak to your doctor about your dosing & administration schedule.

		Week 0	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6
▶ Polyarticular juvenile idiopathic arthritis (JIA)	From 2 years of age, ≥ 30 kg	✓		✓		✓		✓
▶ Enthesitis-related arthritis	From 6 years of age, ≥ 30 kg	✓		✓		✓		✓
▶ Plaque psoriasis (PsO)	From 4 to 17 years of age, ≥ 40 kg	✓	✓		✓		✓	
▶ Crohn's disease (CD)	From 6 to 17 years of age, ≥ 40 kg	160mg**		80mg***		✓		✓
▶ Hidradenitis suppurativa (HS)	From 12 to 17 years of age, ≥ 30 kg	80mg***	✓		✓		✓	

✓ = 40 mg

** 160mg administered as either 4x 40mg or 2x 80mg

***80mg administered as either 2x 40mg or 1x 80mg

Injection every other week after last injection

What you may notice after taking Yuflyma[®]

You may experience side effects while taking Yuflyma[®].
If you experience any side effects, you should immediately inform your doctor.

Common side effects of Yuflyma[®] include:⁶



● Headache



● Injection site reactions



● Abdominal pain



● Nausea and vomiting



● Rash

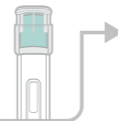
It is important that you notify your doctor of any side effects you experience. If you can't immediately reach your doctor, you should write down the date and symptoms you experience in the notes section of your injection diary.

In case you forgot to take Yuflyma[®]

You will be taking Yuflyma[®] at the appropriate dose and at regular intervals as recommended by your doctor. In case you forgot to take Yuflyma[®], don't panic.

01

When you forget to give yourself an injection:⁶



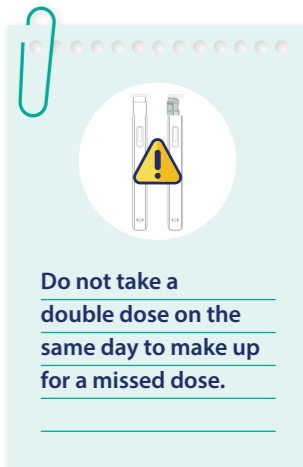
02

Take the missed dose immediately.



03

Take your next dose as you would have on your originally scheduled day.



How to store Yuflyma[®] injections

Knowing how to store Yuflyma[®] injections is an essential part of your treatment. Make sure you remember the following rules regarding storage at home and when travelling.



➤ Ideally, Yuflyma[®] should be stored in a refrigerator (at 2°C – 8°C)⁶

Yuflyma[®] should be stored in a **refrigerator (at 2°C – 8°C)** and can be stored up to 3 years.* However, storage in a refrigerator may be difficult when you are travelling.

Always remember to travel with your travel kit when travelling long distances.

*From the time of manufacture



➤ Yuflyma[®] is stable at room temperature (25°C)⁶

At room temperature (up to 25 °C) **Yuflyma[®] is stable for up to 30 days** when protected from light. Once removed from the refrigerator for room temperature storage, the device must be used within that 30-day period, even if it is returned to the refrigerator. If not used within that 30 days, it should be discarded.

You should record the date when the injection is first removed from refrigerator and the date after which it should be discarded.

Other things to consider

➤ Yuflyma[®] and Pregnancy⁶

Tell your doctor if you are pregnant, planning to become pregnant, breastfeeding, or planning to breastfeed. Due to its inhibition of TNF- α , administration of Yuflyma[®] during pregnancy could affect normal immune responses in the newborn. Yuflyma[®] should only be used during pregnancy if clearly needed. Women who are breastfeeding should talk to their doctors about whether or not to use Yuflyma[®].

➤ Yuflyma[®] and Other Medications⁶

Tell your doctor or pharmacist if you are taking, have recently taken, or might take any other medicines. Due to the increased risk of serious infections, you should not take Yuflyma[®] with medicines containing the active substances anakinra and abatacept.

➤ Yuflyma[®] and Alcohol Consumption⁶

Studies have not been conducted to see how Yuflyma[®] interacts with alcohol.

If you have any questions, ask your doctor.



CelltrionCare is a complimentary Support Program for people in Australia who have been prescribed Yuflyma for approved indications. CelltrionCare offers a range of services to facilitate the patient journey, including:



Patient Welcome Kit and Travel Bag

With information about the medication, an injection diary, injection poster and travel card, a travel cool bag for journeys up to 13 hours, a cool pouch for shorter journeys of up to 5 hours, and a sharps container.



Self-Injection Training

Including how-to videos, downloadable instructions, self-injection training (virtual or home visit) with a nurse



Medication Reminders

Email or SMS injection reminders to help you keep track of your injections, Nurse Hotline 1800-SUBCUT [1800 782 288] Weekdays 9 am - 5 pm AEST (excluding public holidays)

Brought to you by: HEALTHCARE
CELLTRION

If you would like to enrol into CelltrionCare to access the above services, please call 1800-78 22 88 [1800-SUBCUT]

Free* Home Delivery of Yuflyma®

If you wish to have Yuflyma home delivered on your chosen day to your chosen location, please contact JustMeds, the Home Delivery Service partner on 07 2000 4124 or via email rx@justmeds.com.au

The team at JustMeds will be pleased to walk you through the process.



Benefits of Home Delivery

- Convenient for working parents, elderly, those traveling in Australia
- Pharmacist available when needed:
Call 07 2000 4124
Mon-Fri 9am -5pm AEST

** Home delivery is at no charge, but the usual patient co-payment for medication is still applicable*

The logo for Yuflyma adalimumab features the word "Yuflyma" in a bold, dark blue sans-serif font, with a registered trademark symbol (®) to its upper right. To the right of "Yuflyma" is a stylized graphic consisting of a green curved line, a red dot, and a dark blue curved line. Below "Yuflyma" is the word "adalimumab" in a teal, lowercase sans-serif font.

Yuflyma[®]

adalimumab

References: **1.** Bellinvia S, et al. *Biodrugs*. 2019;33:241-253. **2.** Lorenz HM, Kalden JR. *Arthritis Res*. 2002;4:S17-S24. **3.** Chatzantoni K, Mouzaki A. *Curr Top Med Chem*. 2006;6(16):1707-14. **4.** Ackermann, C. & Kavanaugh, A. *Expert Opinion on Therapeutic Targets*. 2007;11:1369-1384. **5.** Kollias G, et al. *Ann Rheum Dis*. 1999;58(Suppl 1) I32-I39. **6.** Yuflyma[®] Consumer Medicine Information (CMI).

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