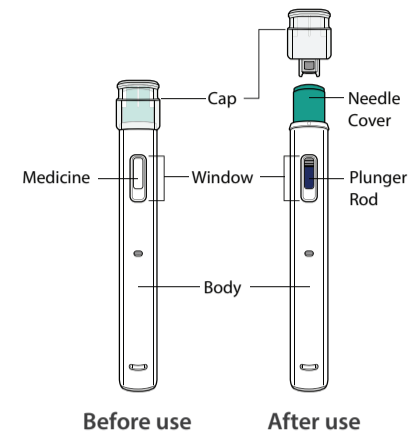


How do I inject with the Pre-filled Pen?

Yuflyma® is offered in an easy-to-use pre-filled pen device. The following steps will guide you to a safe and easy administration of Yuflyma®.

Pre-Filled Pen



Important information

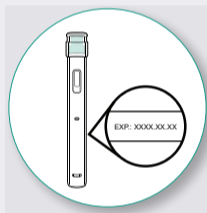
- Use the pre-filled pen **only** if your healthcare provider has trained you in preparing and giving the injection.
- Ask your healthcare provider how often you will need to give the injection.
- **Do not** shake the pre-filled pen at any time.
- **Do not** remove the cap until you are ready to inject.
- **Do not** share the pre-filled pen with anyone.
- Only use each pre-filled pen for one injection.

Prepare for the injection



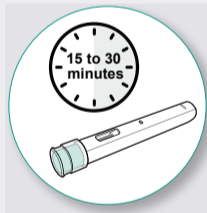
GATHER THE SUPPLIES

- Prepare a clean, flat and well-lit surface such as a table.
- Remove the pen from the carton stored in your refrigerator.
- **Items needed for injection:**
Pen, Alcohol swab, Cotton ball or gauze,* Adhesive bandage,* Sharps disposal container*
- * Items not included in the carton.



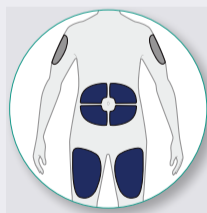
INSPECT THE PEN AND THE MEDICINE

- Check the correct medicine and dosage.
- Check the expiration date on the label of the pen.
- Look through the window and make sure the liquid is clear, colorless to pale brown and free of particles.
- * **Do not** use the pen if it has been cracked or is visibly damaged.
- * **Do not** use the pen if the liquid is discolored, cloudy, or contains particles.
- * It is normal for air bubbles to be seen in the liquid.



WAIT 15 TO 30 MINUTES

- Leave the pen at room temperature (20°C to 25°C) for 15 to 30 minutes to let it warm up.
- * **Do not** warm the pen using heat sources.



CHOOSE AN INJECTION SITE

- Select an injection site.

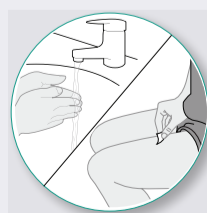
Possible injection sites:

- ✓ The front of the thighs
- ✓ Abdomen, except for the 5cm around the belly button (navel)
- ✓ Outer area of the upper arms, **ONLY** if given by a caregiver

* **Do not** inject into skin that is within 5cm of your belly button (navel) or is tender, damaged, bruised, or scarred

- Rotate the injection site each time you give an injection.
- Each new injection site should be at least 3cm away from the previous site.

- Caregiver ONLY
- Self-injection and Caregiver

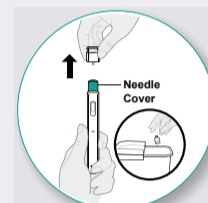


WASH YOUR HANDS AND CLEAN THE INJECTION SITE

- Wash your hands with soap and water and dry them fully.
- Clean the injection site with an alcohol swab.
- Let the skin dry before injecting.
- * **Do not** blow or touch the injection site again before giving the injection.

Give the injection

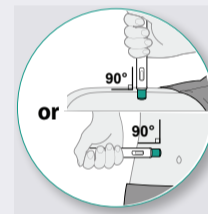
Step 1



REMOVE THE CAP

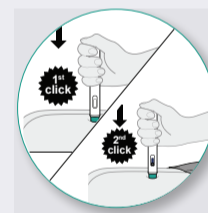
- Hold the pen by the injector body with the cap on top.
- Pull the cap straight off.
- * **Do not** remove the cap until you are ready to inject.
- * **Do not** touch the needle or needle cover.
- * **Do not** recap the pen. Dispose of the cap immediately into the sharps disposal container.

Step 2



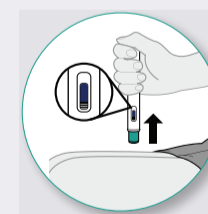
PLACE THE PEN

- Hold the pen so that you can see the window.
- Without pinching or stretching the skin, place the pen over the injection site at a 90-degree angle.



GIVE THE INJECTION

- Press the pen firmly against the skin.
- When the injection starts you will hear the 1st loud "click" and the blue plunger rod will begin to fill the window.
- Keep holding the pen and listen for the 2nd loud "click".
- After the 2nd loud "click," continue to hold the pen and **count slowly to 5**.
- * **Do not** change the position of the pen after the injection has started.



REMOVE THE PEN

- Make sure that the blue plunger rod with the grey top has filled the window completely.
- Remove the pen from your skin.
- Gently press a cotton ball or gauze over the injection site.
- * **Do not** reuse the pen.
- * **Do not** rub the injection site.
- * If the window has not turned completely blue, this means you have not received a full dose. Call your healthcare provider immediately.

After the injection



DISPOSE OF THE PEN

- Throw away the used pen in a special sharps disposal container immediately after use.
- Alcohol pads and packaging may be put in your household waste.
- * **Do not** recap the pen.
- * **Keep the pen and sharps disposal container away from children.**

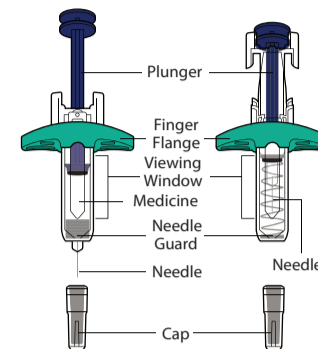
How do I inject with the Pre-filled Syringe?

Yuflyma is offered in an easy-to-use syringe. The following steps will guide you to a safe and easy administration of Yuflyma®.

Yuflyma
adalimumab

Pre-Filled Syringe

with Needle Guard



Before use

After use

Important information

- Use the pre-filled syringe **only** if your healthcare provider has trained you in preparing and giving the injection.
- Ask your healthcare provider how often you will need to give the injection.
- **Do not** shake the syringe at any time.
- **Do not** remove the cap until you are ready to inject.
- **Do not** share the syringe with anyone.
- Only use each syringe for one injection.

Prepare for the injection



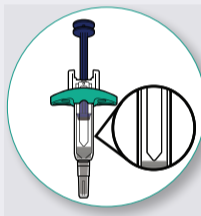
GATHER THE SUPPLIES

- Prepare a clean, flat and well-lit surface such as a table.
- Remove the syringe from the carton stored in your refrigerator.

Items needed for injection:

Pen, Alcohol swab, Cotton ball or gauze,* Adhesive bandage,* Sharps disposal container*

* Items not included in the carton.



INSPECT THE PEN AND THE MEDICINE

- Check the correct medicine and dosage.
- Check the expiration date on the label of the syringe.
- Look through the window and make sure the liquid is clear, colorless to pale brown and free of particles.

* **Do not** use the pen if it has been cracked or is visibly damaged.

* **Do not** use the pen if the liquid is discolored, cloudy, or contains particles.

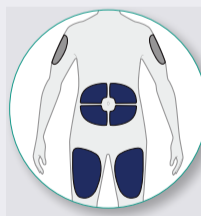
* It is normal for air bubbles to be seen in the liquid.



WAIT 15 TO 30 MINUTES

- Leave the syringe at room temperature (20°C to 25°C) for 15 to 30 minutes to let it warm up.

* **Do not** warm the pen using heat sources.



CHOOSE AN INJECTION SITE

- Select an injection site.

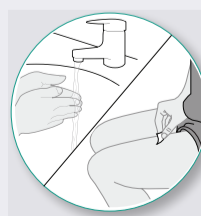
Possible injection sites:

- ✓ The front of the thighs
- ✓ Abdomen, except for the 5cm around the belly button (navel)
- ✓ Outer area of the upper arms, **ONLY** if given by a caregiver

* **Do not** inject into skin that is within 5cm of your belly button (navel) or is tender, damaged, bruised, or scarred

- Rotate the injection site each time you give an injection.
- Each new injection site should be at least 3cm away from the previous site.

- Caregiver ONLY
- Self-injection and Caregiver

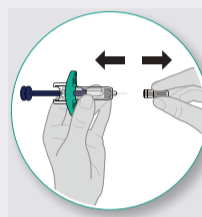


WASH YOUR HANDS AND CLEAN THE INJECTION SITE

- Wash your hands with soap and water and dry them fully.
- Clean the injection site with an alcohol swab.
- Let the skin dry before injecting.
- * **Do not** blow or touch the injection site again before giving the injection.

Give the injection

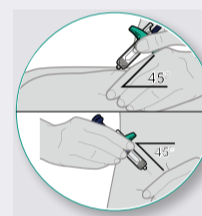
Step 1



REMOVE THE CAP

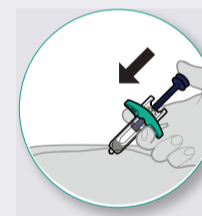
- Hold the pre-filled syringe by the body in one hand.
- Pull the cap straight off.
- * **Do not** remove the cap until you are ready to inject.
- * **Do not** touch the needle.
- * **Dispose** of the cap immediately into the sharps disposal container.

Step 2



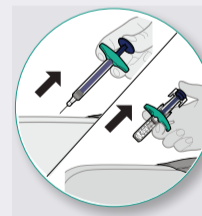
INSERT THE SYRINGE

- Gently pinch a fold of skin at the injection site.
- While holding the syringe by its body, insert the needle completely into the fold of the skin at a 45-degree angle with a quick and "dart-like" motion.



GIVE THE INJECTION

- After the needle is inserted, let go of the pinched skin.
- Push the plunger down slowly all the way down until the syringe is empty.
- * **Do not** change the position of the pen after the injection has started.



REMOVE THE SYRINGE

If using the Pre-Filled Syringe:

- Remove the syringe from your skin at the same angle it was inserted.

If using the Pre-Filled Syringe with Needle Guard:

- Slowly lift your thumb from the plunger until the needle is completely covered by the automatic needle guard.
- Gently press a cotton ball or gauze over the injection site and apply an adhesive bandage if necessary.
- * **Do not** rub the injection site.

After the injection



DISPOSE OF THE SYRINGE

- Throw away the used syringe in a special sharps disposal container immediately after use.
- Alcohol pads and packaging may be put in your household waste.
- * **Do not** recap the syringe.
- * **Keep** the syringe and sharps disposal container away from children.